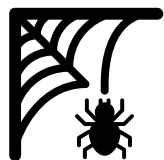


October 2026 Newsletter



Spooktacular savings this month at VLDC!

OCTOBER SPECIALS

\$999 Vibrant Rejuvenation Breast Lift (Regular price: \$1500)

If you are looking for a beautiful breast enhancement without surgery, the Vibrant Rejuvenation Breast Lift is for you!

Improved skin color, shape, and sensation – You will see softened stretch marks, a glow from within, fuller cleavage, and less “nipple droop”.

Sustained improvement – Immediate results continue to improve months after the procedure and effects last greater than a year!

Completely Natural – PRP (platelet rich plasma) is your own body’s healing fluid and when concentrated and re-injected it locally causes multipotent stem cells to regenerate your own tissue.

Hear Dr. Lydia explain the procedure here: <https://youtu.be/YYkuCkRzRlc?si=UabZku4Dh4D-aVvg>

Half price Celluma Red Light Sale!

Celluma is a great add on to any of our premier IV and aesthetic services and is available same day for musculoskeletal pain.

1 body area: \$0.50 per minute

2 body areas: \$1.00 per minute

3 body areas: \$1.50 per minute

LIKE THE EXPERIENCE OF RED LIGHT? WE NOW SELL CELLUMA UNITS FOR HOME USE! Please ask Carrie for details.

OCTOBER INJECTABLE SPECIALS

\$199 Recovery & Performance IV therapy (Reg. price \$260)

Built to support active lifestyles and faster recovery, the Recovery & Performance IV Kit is formulated to help reduce downtime after physical exertion or injury. This infusion of premium nutrients replenish hydration, reduce inflammation and promote optimal athletic performance and cellular repair.

20% off NAD+ injections

Patients are loving the energy boost they get from NAD+ injections!

NAD+ is the oxidized form of Niacin (vitamin B3) and plays a central role in cellular energy metabolism and is required for the proper function of mitochondria. In its oxidized (NAD+) and reduced (NADH) forms, this coenzyme cycles between metabolic reactions, accepting and donating electrons during nutrient breakdown and ATP generation.

Single injection: \$25, Series of 4 weekly injections: \$80 if purchased in October (a 20% discount)

GLP-1/GIP Peptides

See if you're a good candidate for GLP-1/GIP peptide therapy.

Using established medical standards, lab evaluation and body composition analysis, we can determine if you're the right patient for semaglutide or tirzepatide...but what if you can't tolerate the drug? We now offer in-house GLP-/GIP peptide injections to make sure. Dose escalation can be done at the right pace when we know how you'll react to the medication. Call to schedule your appointment today!

CHERRY PAYMENTS

Use our new Cherry payment plans to treat now and pay later for our premier IV packages, PRP injections, ozone and aesthetics procedures!

Go to this page on our website to find out more about our Wellness and Aesthetics services then scroll to the bottom of the page to learn more about Cherry payments: <https://vibrantlifedc.com/wellness-services>

PRODUCT HIGHLIGHT

Dermal Repair Cream by SkinMedica

Dermal Repair Cream is SkinMedia's original flagship product. Dr. Lydia is IN LOVE with how moisturizing it is! So perfect for this change in the seasons.

Dermal Repair Cream contains high levels of antioxidant vitamins C and E, along with highly effective moisturizing ingredients like Sodium Hyaluronate, to provide hydration. Sodium Hyaluronate naturally occurs in the skin and has the ability to retain up to 40 times its weight in water on the surface of the skin.

Retail price \$134, October pricing: \$99

MEN'S HEALTH

Daily Cialis (tadalafil)

Wouldn't it be great to have one pill that could help erectile dysfunction, prostate enlargement symptoms, blood pressure and might even decrease your risk of cardiovascular disease and dementia? Well, lucky for you there's daily tadalafil!

A study of men already taking tadalafil and sildenafil for ED showed "reduced mortality, cardiovascular disease, and dementia risks, with tadalafil providing more benefits." Read the whole study here: [https://www.amjmed.com/article/S0002-9343\(24\)00705-8/fulltext](https://www.amjmed.com/article/S0002-9343(24)00705-8/fulltext)

We sell tadalafil in a simple daily dose. Call the office to schedule an appointment to see if it is right for you.

ONLINE STORE

If you love our Thorne supplement line and don't want to make the drive to Tuttle to pick up refills, try our on-line store! You can set up subscriptions of your favorite supplements, search for the ones we don't carry, and have everything conveniently shipped to your home.

Visit: <https://www.thorne.com/u/VibrantLifeDirectCare>

SAVE THE DATE

Botox Open House: Thursday, November 12 from 4:30 – 6:30 p.m.

Enjoy BOGO units and 10% off SkinMedica Products

IMPORTANT ANNOUNCEMENT:

Mending Insurance patients will need to switch to a Community Care Oklahoma plan that includes DPC during open enrollment to continue memberships in the practice. Please call/text for more information

