

September 2026 Newsletter

"Fall" in love with our specials this month at VLDC!

SEPTEMBER SPECIALS

\$399 Vibrant Rejuvenation Facials! (Regular price: \$600)

A great way to recover your skin from the harshness of summer sun!

Our Vibrant Rejuvenation Facial improves the color, shape, and texture of your skin. It is a completely natural procedure that utilizes your own platelet-rich plasma and requires very little downtime. You will see lasting improvement for the next 12-18 months! Call/text the office at 405-376-1381 to schedule or purchase.

SEPTEMBER INJECTABLE SPECIALS

20% off Ozone + IV Vitamin C one-off or packages * (Regular price \$325 each/ \$1550 package of 5)

Combined, our ozone plus high dose IV Vitamin C offers powerful immune benefits to recover from recent illness, surgery or cancer therapies. It is also powerful for acute or chronic viral infections (like EBV, CoVID19, or shingles) as well as chronic nerve pain (sciatica, chronic nerve impingement in the neck or low back)

Vitamin C, also known as ascorbic acid or sodium ascorbate, is a vital nutrient that plays a crucial role in supporting your immune system, promoting healthy skin, and aiding in the synthesis of collagen, a key component of connective tissues (

Ozone therapy is an advanced medical treatment that uses a powerful form of oxygen to promote healing and overall wellness. This therapy leverages the unique properties of medical ozone to stimulate the body's natural healing process and numerous other benefits.

**Must combine products for discount; Glucose 6 PD enzyme testing is required for first time users to determine eligibility*

CHERRY PAYMENTS

Use our new Cherry payment plans to treat now and pay later for IV packages, PRP injections, ozone and aesthetics!

Go to this page on our website to find out more about our Wellness and Aesthetics services then scroll to the bottom of the page to learn more about Cherry payments: <https://vibrantlifedc.com/wellness-services>

PRODUCT HIGHLIGHT

Viracid by Ortho Molecular

Viracid's synergistic formula significantly boosts immune cell function including antibody response, natural killer (NK) cell activity, thymus hormone secretions, and T-cell activation. Viracid also helps soothe throat irritations and nasal secretions, and maintains normal inflammatory balance by increasing antioxidant levels throughout the body.

Stock up soon for cold and flu season. We love using Viracid 2 caps every other hour x 6 doses at the beginning of a cold to knock it out! We also carry ViraKid's a chewable formula suitable for ages 3 and up.

MEN'S HEALTH

Nitric oxide booster \$49

We now offer Dr. Joel Kaplan's Male Enhancement Supplements.

Dr. Joel Kaplan's Male Performance supplements support healthy blood-flow for enhanced erection quality, function and stamina. This is also good for blood flow throughout the body!

This expert erection enhancement formula uses the most effective, natural ingredients such as Zinc, Ginseng, and L-Arginine to improve erection quality and endurance.

We use maximum-grade, natural ingredients that are expertly blended and manufactured in an FDA-registered facility following cGMP requirements. Made in USA.

We have an on-line supplement store!

If you love our Thorne supplement line and don't want to make the drive to Tuttle to pick up refills, try our on-line store! You can set up subscriptions of your favorite supplements, search for the ones we don't carry, and have everything conveniently shipped to your home.

Visit: <https://www.thorne.com/u/VibrantLifeDirectCare>

Highlights from LowCarb USA Conference

from Dr. Lydia

I've been teaching low carb, high fat and anti-inflammatory diets like it since 2018 when I adopted a ketogenic diet myself. Patients consistently attest to the life-changing effects of eating this way and science is backing it up!

At the conference, I was blown away by the therapeutic effects of a keto diet for mental health. High quality studies are on-going at places like Harvard, Stanford and the University of California San Francisco. Psychiatrists are utilizing keto to stabilize difficult and deadly conditions like bipolar disorder, anorexia nervosa and schizophrenia and causing some to go into remission.

I also walked away with a new respect for the silent killer, visceral fat. Visceral fat is the fat that accumulates in and around our organs as a consequence of metabolic disease. Visceral fat bathes the

organs it encases in inflammation, causing chronic organ disease. This can start early in childhood! The long term consequences of carrying high amounts of visceral fat are heart, liver, brain and kidney disease as well as cancer. All the top killers of Americans! Come on in today and get your InBody Scan. It's included in your membership. Together, we can treat Visceral Fat and help you live a more Vibrant Life!